

Master Diver (Stress & Rescue)



Course Details

Cost **\$375**
Minimum deposit \$100

Includes

- Stress & Rescue Text
- Stress & rescue DVD
- Accident Management slate
- All air fills
- All instruction

Equipment Required

- SCUBA Unit— this can be hired for the duration of the course @ the single day rate.

Timetable

Wednesday 6pm—9pm
Saturday 9am—5pm
Sunday 9am—5pm

Pre-requisites

To qualify as Stress & Rescue

- Advanced Open Water or equivalent
- 1st Aid / CPR certification
- Be 15 years of age or older

To qualify as Master Diver

- As above plus:
- 4 specialties (or 3 specs + advanced diver)
 - 50 logged dives

What's in the course?

The skills you learn in SSI's Stress & Rescue program along with the experience gained as a Master Diver give you the ability to conquer emergency situations, challenge others to be safer and control a crisis — hopefully before it even occurs.



Emergency management and prevention, or knowing what to look for and how to react, is a necessary skill for divers. Learn to recognize subtle, and blatant warning signs which can go undetected and turn every day dives into emergency situations. Here are just some of the things you will learn:

- Self-rescue and diver stress
- Emergency management
- First aid procedures for pressure related accidents
- Surfacing the unconscious diver

Are you up for the challenge?

How is the course run?

When you enroll in the course you will be given the Stress & rescue text package including the home study DVD. Prior to your first session watch the DVD and complete the study guides in your text book. Ensure you have your 1st aid certificate available.

The first evening of the course reviews the Stress & rescue theory. The weekend is spent in the water conducting a variety of rescue skills which build on each other. Finally all these skills combine into one, and you will be put to the test of working through a multitude of accident scenario's.



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